

Hansen PAC Meeting Minutes December 5, 2022

A. **Call to order Executive Meeting at 5:05 pm**

Executive members present-Tamy Harry, Nirbhai Sall, and Nash Noland

At large: Lesley Noland

Guests:

Administration: Jaimie Webster - Acting Principal

B. Lesley **accepted the minutes** from the October meeting – Nash seconded the motion.

- **Admin Report: Admin changes again. Lisa Burdeyny will be back in December. Michael Hendricks will slowly return as well. Both coming back as a “soft back to work line”. Brent Schroeder will continue as Vice Principal for now.**

Check my progress is no longer in use. Google classroom contract is being converted into Microsoft. This year is a transition year to MyEd. Not all teachers are utilizing it fully and are learning. Encourage parents to email the teachers via their abbyschools email for their progress. <https://rickhansen.abbyschools.ca/about/staff> for all email addresses. Teachers are being encourage to use TalkingPoints to assist in multi lingual conversations between parents and teachers.

C. **DPAC:**

- **DPAC is presenting Help for the Hard Times. A free mental health program Attached Appendix 2**

D. **Treasurer’s Report**

Gaming funds – BALANCE: \$ 19,456.75

Band Trip Funded - \$220.00 + \$392.34

Business acct: BALANCE: \$ 4,468.00

E. **Old Business**

Elections - DPAC Rep

Funding Requests Closed

Follow up with Admin on Football

F. **New Business**

- Vote on Funding Requests - reviewed and Nash motioned to approve. All were in favor. Carried.
- Vote on Bingo Funds allocation - postponed until next meeting
- Vote January Cooking PAC Meeting January – postponed until further notice
- Vote to purchase thank you treats for the staff from the PAC. ,Lesley Noland motioned to approve. Seconded, Nirbhai Sall

Meeting adjourned: 6:00PM

NEXT MEETING: Wednesday, Jan 25, 2023 5:00PM

To contact the PAC Executive, please email rickhansenPAC@gmail.com.



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

TOPICS

Session 1 & 2:

How to Support a Safety Plan at Home

Session 3:

How to Take Care of Yourself and Family After a Crisis

Session 4:

How to Find the Resources You Need

Region: FRASER

Dates: November 7, 9, 14 and 16,, 2022

Times: Time: 12:00-1:00 pm

Dates: November 1, 3, 8 and 10, 2022

Times: Time: 7:00-8:00 pm

Dates: December 7, 12, 14 and 19,, 2022

Times: Time: 12:00-1:00 pm

Dates: December 1, 6, 8 and 13, 2022

Times: Time: 6:00-7:00 pm

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.

'intheknow'

Connect and Learn

For families and caring adults who
are parenting a child or youth with
mental health and/or substance
use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

ADHD – The Real Deal

Join us as we listen to Dr. Don Duncan dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.

Come together with other families to watch this one hour video presentation followed by a 30 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.

Event Date(s):

Monday, December 5 at 6:30pm (PST)
Tuesday, December 13 at 5:00pm (PST)
Wednesday, December 14 at 12:00pm (PST)
Thursday, December 15 at 6:30pm (PST)
Tuesday, December 20 at 5:00pm (PST)

Registration required:

www.familysmart.ca/events

Cost: Free of Charge

